



A Watch You Can Trust

**INSTRUCTION MANUAL FOR
WATCH CALIBRE
Z008**



WARNING



THIS PRODUCT CONTAINS A BUTTON BATTERY

If swallowed or placed inside any part of the body, the battery can cause severe or fatal injuries within 2 hours or less.

Button batteries are hazardous whether new or used. Keep batteries out of reach of children.

If you think the battery may have been swallowed or placed inside any part of the body, seek immediate medical attention. Contact the Australian Poisons Information Centre immediately on 13 11 26 (New Zealand 0800 764 766) for 24 / 7 fast, expert advice.

Instruction Manual

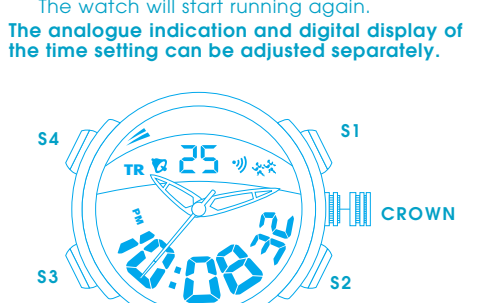
LORUS

CAL. Z008 (R23 SERIES)

LORUS

FEATURES AND SPECIFICATION

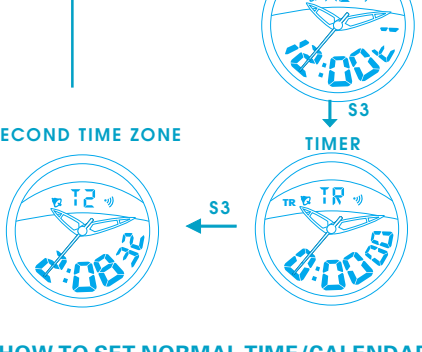
1. This watch is a combination quartz watch with analogue and digital displays, 3 hands analogue movement.
2. Accuracy at normal temperature: +30 seconds a month.
3. Time keeping mode: hours, minutes, seconds, month, date, day of week, pm, "PM,".
4. Alarm Mode: daily alarm.
5. Timer Mode: Measuring unit: 1 second. Input range: from 1 second to 23:59'59".
6. Stop watch Mode: Measuring unit 1/100 of second measuring capacity: 23:59'59".
7. Normal operating temperature range: 10°C ~ 40°C.
8. Battery type: CR2032, SR626SW



SETTING THE TIME (ANALOGUE)

1. Pull the crown cut one step, the second hand will stop.
2. Set the correct time by turning the crown.
3. Push the crown back to the original position. The watch will start running again.

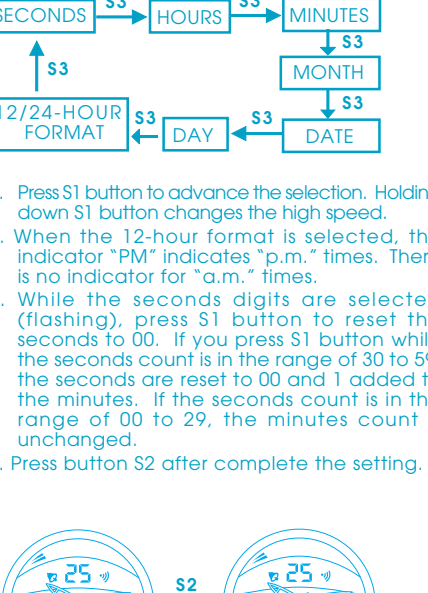
The analogue indication and digital display of the time setting can be adjusted separately.



HOW TO CHANGE DISPLAY MODE

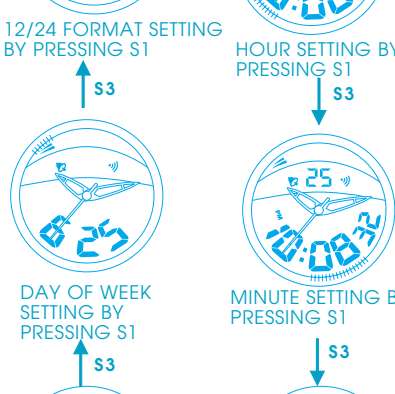
NORMAL TIME

CHRONOGRAPH



HOW TO SET NORMAL TIME/CALENDAR (LCD)

1. While in the normal time mode, press S2 button the seconds digit starts to flash on the display because it is selected.
2. Press S3 button to change at selection of setting.



3. Press S1 button to advance the selection. Holding down S1 button changes the high speed.
4. When the 12-hour format is selected, the indicator "PM" indicates "p.m." times. There is no indicator for "a.m." times.
5. While the seconds digits are selected (flashing), press S1 button to reset the seconds to 00. If you press S1 button while the seconds count is in the range of 30 to 59, the seconds are reset to 00 and 1 added to the minutes. If the seconds count is in the range of 00 to 29, the minutes count is unchanged.
6. Press button S2 after complete the setting.

HOW TO USE STOPWATCH

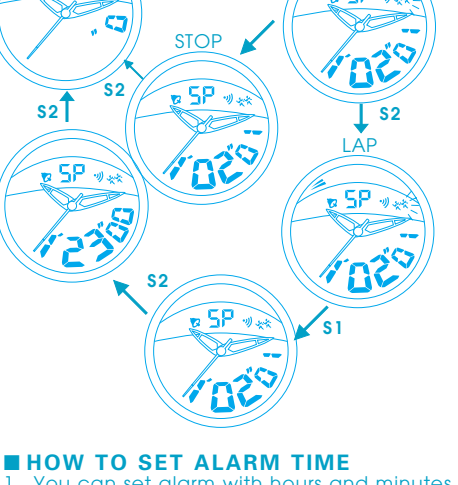
From normal time mode, press S3 button once, you are now in the chronograph mode.

First Usage:

1. Press S1 alternately to start and stop the chronograph.
2. Press S2 to reset the chronograph to zero.

Second Usage:

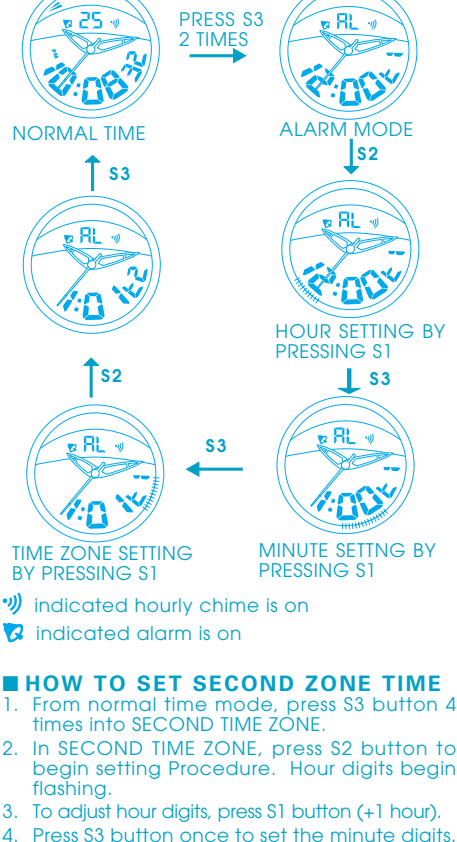
1. Press S1 to start, "██" flash and the "day of week" start to roll to the right.
2. Press S2, "day of week" stop rolling, "██" keeps flashing, the chronograph keeps counting the time and first time split T1 (0 to T1) shows.
3. Press S2 again, "day of week" keep rolling and chronograph shows the counting time.
4. Further press S2, "day of week" stop rolling, "██" keeps flashing, the second split time T2 (0 TO T2) shows. This operation can be repeated and the splits time can be read: 0 to T3, 0 to T4 etc.
5. Press S1 to stop the time counting of the chronograph. "Day of week" sign disappears and "██" stop flashing.
6. Press S2, the last split time Tn (0 to Tn) shows.
7. Press S2 again, the chronograph is reset to zero.



HOW TO SET ALARM TIME

1. You can set alarm with hours and minutes. When the alarm is on, the alarm (BI-BI) sound for 20 seconds at the preset time. Press S1, S2 or S3 to stop the alarm after it starts sound.
2. From the normal time mode, press S3 button for 2 times into alarm mode.
3. While in the alarm mode, press S2 button to begin setting procedure. The hour digits begin flashing.
4. To adjust the flashing digits, press S3 button.
5. To move to minute digits, press S1 button.

- When setting is completed, press S2 button.
- Alarm on is available in one time zone only (T1 or T2).

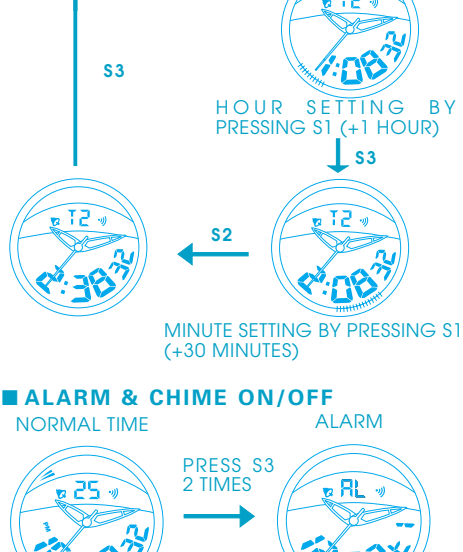


indicated hourly chime is on

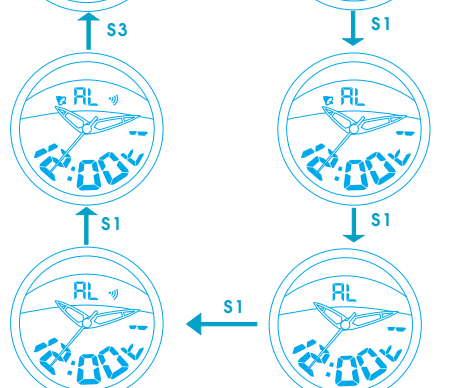
indicated alarm is on

■ HOW TO SET SECOND ZONE TIME

- From normal time mode, press S3 button 4 times into SECOND TIME ZONE.
- In SECOND TIME ZONE, press S2 button to begin setting Procedure. Hour digits begin flashing.
- To adjust hour digits, press S1 button (+1 hour).
- Press S3 button once to set the minute digits.
- To adjust minute digits, press S1 button (+30 minutes or -30 minutes).
- When setting is completed, press S2 button.
- Press S3 button to return NORMAL TIME MODE.



■ ALARM & CHIME ON/OFF



In the alarm time mode, press S1 button to select ALARM or HOURLY CHIME signals.

■ HOW TO USE EL BACKLIGHT

In any mode press s4 button to illuminate the display for about 3 seconds.

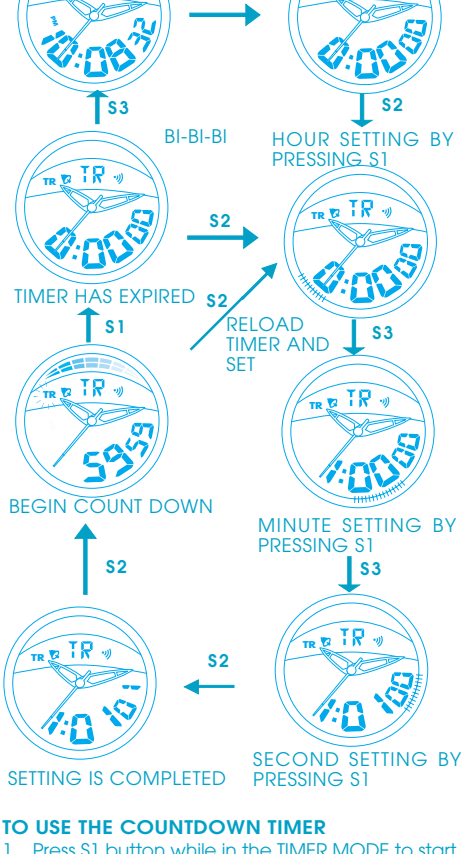
Note:

- The backlight of the watch employs an electro-luminescent (EL) light, which tends to lose illuminating power after very long use.
- The illumination provided by backlight may be hard to see when viewed under direct sunlight.

■ HOW TO USE TIMER

TO SET THE COUNTDOWN TIMER

- While in the TIMER MODE, press S2 button. The hours digit starts to flash on the display because it is selected.
- Press S3 button to change the selection of setting.
- Press S1 button to increase the selected number. Holding down S1 button changes the selection at high speed.
- After you set the countdown time, press S2 button to return to the TIMER MODE.



TO USE THE COUNTDOWN TIMER

- Press S1 button while in the TIMER MODE to start the countdown timer.
- Press S1 button again to stop the countdown timer.
- While in the COUNTDOWN TIMER MODE, press S2 button to reset the countdown time to its starting value and to start to countdown automatically or while in countdown time mode press S2 button and then press S1 button to reset the countdown time.
- Within the setting time 3 minutes, there is an alarm (BI-BI) when the seconds digit is "0" or "30".
- Within the setting 10 seconds, there is an alarm (BI) per second.
- When timer has expired, the alarm (BI-BI-BI) lasting 10 seconds may be silenced by press S1, S2 or S3 button.

■ BATTERY CHANGE

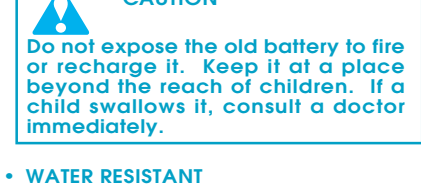
The miniature battery SEIKO SR626SW, Maxell SR626SW or SONY SR626SW which powers your watch should last approximately 3 years. However, because it is inserted at the factory, the actual life of the battery once in your possession may be less than 3 years.

Be sure to replace the battery to prevent any possible malfunction as soon as it runs down. To replace the battery we recommend taking the watch to a local watch repair shop.

Note: If the alarm is used for more than 20 seconds a day, the hourly time signal more than 24 times a day, the stopwatch more than once a day and/or the illuminating light for more than 1 second a day, the battery life may be less than the specified period.

■ CARE OF YOUR LORUS WATCH

• BATTERY



• WATER RESISTANT

Condition of use Indication on the dial/case back	Accidental contact with water, such as splashes and rain	Swimming and taking a shower	Skin diving	Scuba diving
No Indication	NO	NO	NO	NO
WATER RESISTANT	YES	NO	NO	NO
WATER RESISTANT (50M/5 BAR)	YES	YES	NO	NO
WATER RESISTANT (100M/10 BAR or above)	YES	YES	YES	NO

* If your watch is 200 M/20 BAR, 100 M/10 BAR or 50 M/5 BAR water resistant, it is so indicated on the dial/case back.

• Do not operate the buttons when the watch is wet.

• If the watch is exposed to salt water, rinse it in fresh water and then wipe it thoroughly dry.

Caution:

Leather straps are not water resistant except so indicated, even if the watch head is water resistant.

• ALLERGIC REACTION

Because the case and band touch the skin directly, it is important to clean them regularly. If not, shirt sleeves may be stained and those with delicate skin may develop a rash. Please wear the watch with some play to avoid any possible allergic reaction. If you develop a rash on your wrist, stop wearing and consult a physician.

• MAGNETISM

Your watch will not be affected by magnetism generated by household electric appliances.

• SHOCKS AND VIBRATIONS

Your watch may be worn for normal sports activities, but be careful not to drop it or hit it on hard surfaces.

• TEMPERATURE

Your watch is preadjusted so that constant accuracy may be insured at normal temperature.

■ SERVICE

When your LORUS watch requires repair or servicing, please see the enclosed WARRANTY/GUARANTEE.