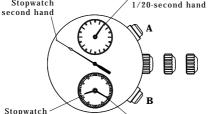


Stopwatch



Stopwatch hour hand

Stopwatch minute hand

Press button "A" for 2 seconds to select the stopwatch hand(s) to be adjusted. The selection of the hand(s) to be ajusted is made in the following order by pressing button "A" for 2 seconds. Press 1. the sele

Stopwatch 1/20-second	\rightarrow	Stopwatch second	\rightarrow	Stopwatch hour and minute
hand		hand		hands

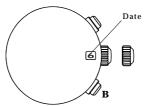
- * The selected hand(s) turn(s) a full circle.
- Press button "B" repeatedly to set the selected stopwatch hand(s) to the "0" position. 2.

The hand moves quickly if button "B" is kept pressed.

After all the adjustments are completed, push the crown back in to the normal position in accordance with a time signal, checking that the hour and minute hands for time display indicate the current time. 3.

SETTING THE DATE

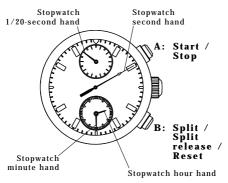
- Before setting the date, be sure to set the time.
- It is necessary to adjust the date at the end of February and 30-day months. • It



- 1. Pull out the crown to the first click.
- Turn the crown clockwise until the desired date appears. 2.
- Push the crown back in to the normal position. 3.
- Note: Do not set the date between 9 p.m. and 1:00 a.m. Otherwise, date may not change properly. :00 the 9

■ STOPWATCH

- The stopwatch can measure up to 12 hours in 1/20 second increments.
 The measured time is indicated by the four stopwatch hands that move independently of the hands for time display.
- When When the measurement reaches 12 hours, the stopwatch automatically stops counting.



2 hours, 30 minutes and 10.85 seconds] [Ex.:

Movement of the stopwatch 1/20-second hand

- After the stopwatch is started, the stopwatch 1/20-second hand moves for about 10 minutes and automatically stops at the "0" position.
 When the measurement is stopped or split time is measured, it moves to indicate the elapsed 1/20 seconds.
 After the measurement is restarted or split.
- erapseu 1/20 Seconds. After the measurement is restarted or split time is released, the stopwatch 1/20-second hand moves for about 10 minutes and stops automatically.
- In the same manner, if the stopwatch is stopped and restarted repeatedly or split time is measured and released repeatedly, the stopwatch 1/20-second hand moves for about 10 minutes and stops automatically. In
- ☆ Before using the stopwatch, be sure check that the crown is set at the nor position and that the stopwatch hands reset to the "0" position. be sure the norm to normal are * If the hands do not return to the "0" position, follow the procedure in "■ SETTING THE TIME AND ADJUSTING THE STOPWATCH HAND POSITION

Stopwatch operation							
Standard measurement							
(A) □ (A) □ (B) Start Stop Reset							
Accumulated elapsed time measurement							
A → A → A → A → B Start Stop Restart Stop Reset * Restart and stop of stopwatch can be repeated by pressing button "A".							
Split time measurement							
(A) → (B) → (B) □□□ → (A) → (B) Start Split Split Stop Reset release * Measurement and release of split time can be repeated by pressing button "B".							
Measurement of two competitors							
A □ B □ A □ B □ B Start Finish 2nd Finish Reset time competitor time of 2nd competitor competitor competitor							
 LUMIBRITE WATCH (dial, hands, buttons, case, bezel, 							

strap, etc.)

LORUS **NMIBRITE**

☆ If your watch is a LORUS LUMIBRITE watch it has following features.

LORUS LUMIBRITE watches absorb and store light energy from natural and artificial light sources and emit light in the dark. They are made of environmentally friendly material, and therefore, are harmless to human beings and therefore, are had and the environment.

- With a full charge, LORUS LUMIBRITE watches glow in the dark hours longer than conventional luminous watches of this type. If exposed to a light of more than 500 lux (i.e., the brightness of a typical office) for approximately 10 minutes, or direct sunlight for 2 minutes, they will glow for hours.
- Since LORUS LUMIBRITE watches emit the light they store, the brightness will decrease gradually over time. The length of time they will glow may also differ slightly depending on such factors as the brightness of and distance from the light source used to charge the watch watch. to charge the

■ BATTERY CHANGE

The miniature battery SEIKO SR927SW, Maxell SR927SW, SONY SR927SW or EVEREADY 395, which powers your watch should last approximately 3 years. However, because it is inserted at the factory, the actual life of the battery once in your possession may be less than the specified neriod

in your possession may be less than the specified period. Be sure to replace the battery to prevent any possible malfunction as soon as it runs down. To replace the battery, we recommend taking the watch to a local watch repair shop.

Notes:

- If the stopwatch is used for more than 3 hours a day, the battery life may be less than the specified period. 1.
- After the battery is replaced with a new one, set the time/calendar and adjust the stopwatch hand position. 2.

Battery life indicator

- When the battery nears its end, the small second hand moves at two-second intervals instead of normal one-second intervals. In that case, have the battery replaced with a new one as soon as possible. When
- The watch remains accurate, however, while the small second hand is moving at two-second intervals.

■ CARE OF YOUR LORUS WATCH

• BATTERY

CAUTION

Do not expose the old battery to fire or recharge it. Keep it at a place beyond the reach of chil-dren. If a child swallows it, consult a doctor immediately.

WATER RESISTANT

Condition of use Indica- tion on the dial/ case back	Accidental contact with water, such as splashes and rain	Swimm- ing and taking a shower	Skin diving	Scuba diving
No indication	NO	NO	NO	NO
WATER RESISTANT	YES	NO	NO	NO
WATER RESISTANT (50 M/5 BAR)*	YES	YES	NO	NO
$\frac{\textbf{WATER}}{\textbf{RESISTANT}} \begin{pmatrix} 100 \text{ M/} \\ 10 \text{ BAR or} \\ above \end{pmatrix}^*$	YES	YES	YES	NO

- If your watch is 200 M/20 BAR, 100 M/10 BAR or 50 M/5 BAR water resistant, it is so indicated on the dial/case back. If yo BAR
- Do not press the buttons or turn the crown when the watch is wet. If the watch is exposed to salt water, rinse it in fresh water and then wipe it thoroughly dry.

Caution:

Leather straps are not water resistant except so indicated, even if the watch head is water resistant.

ALLERGIC REACTION Because the case and band touch the skin directly, it is important to clean them regularly. If not, shirt sleeves may be stained and those with delicate skin may develop a rash. Please wear the watch with some play to avoid any possible allergic reaction. If you develop a rash on your wrist, stop wearing and consult a physician.

MAGNETISM Your watch will not be affected by mag-netism generated by household electric appliances.

SHOCKS AND VIBRATIONS Your watch may be worn for normal sports activities, but be careful not to drop it or hit it on hard surfaces.

TEMPERATURE Your watch is preadjusted so that constant accuracy may be insured at normal tem-perature.

SERVICE

When your LORUS watch requires repair or servicing, please see the enclosed WARRANTY/ GUARANTEE.